

2021
2022

Annual
Report



Healthy Families
Healthy Futures

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Our Vision

Resilient Individuals | Resourceful Families
Responsive Communities

Our Mission

Together with individuals, families and communities, we build trusting, caring relationships to empower positive change.

Our Team

2021 - 22 Board Members

Chair	Sandy Worobec
Vice Chair	Linda West
Treasurer	Jackie Da Cunha
Directors	Alice Arthur Darin Flemmer Tracy Proulx Donna Kerr Kristen Shewchuk

2021 - 22 Management Team

Brandy Berry	Executive Director
Pam Pearce	Program Manager
Velvet Buhler	Program Manager
Tammy Pirnak	Office & Finance Manager

2021 - 22 Staff

Ashley Cloutier	Home Visitor	Courtney Lantz	FASD/PCAP Mentor
Erin Chapotelle	Family Connections Educator	Sabrina Lepine	Home Visitor
Kayla Chrnyk	Thrive Mentor	Shaylee Mazurek	Home Visitor
Darcy Dafoe	FASD Mentor	Luanne Murphy	Home Visitor
Deonne Dranchuk	FASD/PCAP Mentor	Kelly Rogers	FRN Hub Navigator
Shellina Esch	Home Visitor	Aimy Schamehorn	Home Visitor
Irene Fitzsimmons	Elder Abuse Navigator	Leena Underwood	FASD/PCAP Mentor
Mandy Hancock-Teynor	PCAP Mentor	Jessica Westlund	FASD/PCAP Mentor
Lori Heywood	Home Visitor/PCAP Mentor	Susan White	Home Visitor
Ilona Hoglander	FRN Hub Navigator	Cheyenne Yagos	FASD/PCAP Mentor
Emily Knoop	FASD/PCAP Mentor	Pam Yeomans	Thrive Mentor

Message from the Executive Director

Although we cannot ignore or deny the challenges that have faced us, I am going to focus on all the amazing things that illustrate how our staff, managers, program participants, Board Members, donors and funders have shone in the past year. I am having difficulty articulating the depth of my appreciation, but these are my heart-felt messages.

To all of our program participants, you have been open, flexible and willing to work with us in ever changing circumstances. Taking each change in stride all the while keeping the goals you have set for yourself and your families in view. Thank you for your patience and your trust.

Facing a few unexpected challenges and some tough decisions the **HFHF Board** has continued to be our guiding light. Their unwavering commitment and diligence have been and continues to be invaluable. Your time, dedication, and wisdom is appreciated.

To our **Funders & Donors**, your support and encouragement drives us to be the success that we are. Your action, advocacy, and commitment to the meaningful work we do provides us with the means to move forward and support our communities. Thank you for understanding and supporting the importance of what we do.

To the **Staff & Managers** of HFHF--you have risen to every occasion and to every challenge, barrier and unforeseen turn. You have done so with humility, creativity, optimism, innovation, commitment, dedication, and laughter. You have reminded me that there is always a silver lining, and



that tomorrow is a new and hopeful day. Thank you for showing up, working hard, and shining through the darker times!

As I look towards the upcoming year I am reminded that we are all in this uncertain time together and that we can do it as long as we have each other!!

Brandy Berry

Executive Director

"You have within you the strength, the patience, and the passion to reach for the stars and change the world!"
~Anonymous

Greetings from the Board Chair

As Chair of the Healthy Families Healthy Families Board, it is my honour to bring you greetings on their behalf. It is my task to capture the success of this past year in just a few words.

There is a quote that says: "Working together tiny stars light the universe. That is the power of teamwork". It is my belief that it takes all facets of this organization to keep us moving forward and doing this important work.

Our stars are the staff, who day in and day out, work hard to create and maintain relationships with clients. They support them through life's challenges and help them manage through these extraordinary times. Sometimes those connections are with a phone call, a virtual connection, or with a mask on and the scent of hand sanitizer. The Managers of all of the programs are the guardians of the galaxy. Their work is to guide using encouragement, knowledge, and experience. But they recognize the needs of the organization as well. Brandy Berry, as the Executive Director is the north star. Her leadership shines bright for the staff. Sometimes her decisions may seem dark but are necessary for all. Her light represents the organization in the community, in the province, with funders and with the Board. Our community partners are interplanetary relationships. By working together, we create a universe. The funders provide the fuel to keep us moving forward. Their role is essential as we would not be able to continue without them. The Board makes sure the universe continues to glow and shine. Each one is needed for success. We are grateful for all of you.



In my role of Chair, I see so clearly the key to Healthy Families Healthy Futures comes from the people. Without each other we would not be the same organization, we would not continue to grow, we would not be addressing challenges, and we would not see success. Our energy comes from each other. Our strength comes in working together.

I have some specific acknowledgments. I want to thank Darin Flemmer for being Board Chair for so many years. Your calm leadership was appreciated. As well, Alan Taylor was a founding and long time Board member whose influence is still felt. Rest in Peace Alan.

Sandy Worobec

Board Chair

Celebrating 20+ Years

Thank you for 20+ years of dedicated service, Pam!

Pam Pearce started with Healthy Families Healthy Futures as a Home Visitor in March 2001 and has never looked back! She has impacted the lives of hundreds of families with her kind and nurturing approach proving what simple compassion can do. She has developed lasting connections with not only the families she supported but also the numerous coworkers she has had over the years.

Her role has evolved over time and she became a Program Manager in June 2017, allowing her to move into a mentoring role for the new staff. The opportunity to learn from someone so knowledgeable and encouraging has proven beneficial for anyone she supervises and the agency itself. Our team knows if they need someone for encouragement, they can turn to Pam.

Pam's infectious sense of humour and wit has caught us all in different ways. She has played practical jokes and continues to light up any room with her smile.

We appreciate your indomitable spirit and passion for team work. You embody everything Healthy Families Healthy Futures stands for and we are fortunate to have you. Thank you for every minute you have given of yourself to make the agency what it is today.



HFHF Management

Star performers foster star performers. They lead by example and are invested in helping their team to learn and grow. These luminaries help the group reach goals with their passion and encouragement.



Brandy Berry

*Fearless,
Loyal*



Pam Pearce

*Dedicated,
Sunshine*



Velvet Buhler

*Wholehearted,
True*

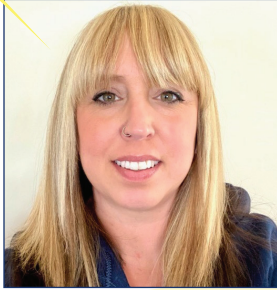


Tammy Pirnak

*Reflective,
Resourceful*

Staff Superstars

Our team has a true commitment to quality that shines through in everything they do. It does not happen without hard work and I am grateful for it. You've faced challenges and overcome many obstacles, but always drive to keep going. Thank you for your incredible example of never giving up. You're all superstars!



Ashley Cloutier
*Advocate,
Passionate*



Cheyenne Yagos
*Energetic,
Fun*



Christa Commet
*Thoughtful,
Diligent*



Courtney Lantz
*Flexible,
Respectful*



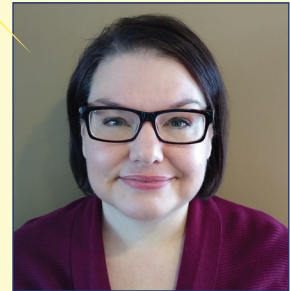
Deonne Dranchuk
*Friendly,
Honest*



Emily Knoop
*Responsive,
Kind*



Erin Chapotelle
*Creative,
Innovative*



Ilona Hoglander
*Witty,
Welcoming*



Irene Fitzsimmons
*Adventurous,
Wise*



Kayla Chrnyk
*Calm,
Humble*

"The strength of the team is each individual member. The strength of each member is the team."

~ Phil Jackson



Kelly Rogers

*Likeable,
Sincere*



Leena Underwood

*Versatile,
Funny*



Lori Heywood

*Patient,
Outgoing*



Luanne Murphy

*Empathetic,
Non-Judgmental*



Pam Yeomans

*Bubbly,
Good Listener*



Sabrina Lepine

*Confident,
Hard-Working*



Shawna Greenstien

*Outgoing,
Helpful*



Shaylee Mazurek

*Inquisitive,
Perceptive*



Susan White

*Gentle,
Strong*

Family Resource Networks

In April 2020, the Provincial Government's Children's Services Ministry announced the successful grant funding applicants for its new Family Resource Networks (FRN). The FRNs are designed to deliver prevention and early intervention services and supports across Alberta to families with children from infancy to 18 years.

Healthy Families Healthy Futures was the recipient of two Family Resource Network Hub locations – one in Westlock and one in Whitecourt. These Hubs act as central referral points for families requesting assistance to build on their strengths and develop strong familial units. Community agencies, health authorities, or individuals looking for supports and resources may make referrals.

Rural Connections Family Resource Network



The Rural Connections Family Resource Network consists of different agencies partnered to provide Spoke services in Smoky Lake, Waskatenau, Vilna, Thorhild, Thorhild County, Westlock, Westlock County, Barrhead, Barrhead County, and surrounding areas. The Rural Connections FRN Hub is located in Westlock and housed by Healthy Families Healthy Futures.

Home Visitation

Provided by Healthy Families Healthy Futures - One-on-one parenting strategies for parents-to-be and caregivers with children aged 0 – 6. Long-term support to strengthen caregiver-child relationships, promote healthy childhood growth and development, and encourage safe home environments.

Family Resilience Program

Provided by WJS Canada- Provides support for families with children and youth aged 7-18. Family support workers use a strength-based approach to engage with families in their homes and communities. Areas of focus may include healthy relationships, attachment, positive discipline, mentoring, life skills, and child development. We work collaboratively with families to help them make sense of their children and youth, and to feel more confident in their ability to meet their children's needs.

Family Capacity and Connection

Provided by the Town of Smoky Lake, Thorhild County, HFHF Westlock, and Barrhead FCSS - Caregiver Education and programs focusing on child development, asset building, parenting, and strengthening family bonds.



Supporting
Parents and
Alberta's
Rural Kids (SPARK)
Family Resource
Network



The SPARK FRN Hub is located in Whitecourt and is housed by HFHF. The region covered by the SPARKL FRN includes the communities of Whitecourt, Mayerthorpe, Woodlands County, Swan Hills, Fox Creek, Valleyview, Crooked Creek, DuBolt, Ridgevalley, Sturgeon Lake, Alexis Nakota Sioux Nation, Lac Ste. Anne County, Lac Ste. Anne Summer Villages, Onoway, and surrounding areas.

Home Visitation

Provided by Healthy Families Healthy Futures or Town of Fox Creek -One-on-one parenting strategies for parents-to-be and caregivers with children aged 0 - 6. Long-term support to strengthen caregiver-child relationships, promote healthy childhood growth and development, and encourage safe home environments.

The Northern Lakes Family Resource Network serves the families of Athabasca, Lac La Biche, Plamondon, Boyle, Calling Lake, Grassland, Caslan and surrounding areas. Healthy Families Healthy Futures is a proud member of this FRN providing the Spoke service of Home Visitation throughout this region.



Family Support Diversion Services

Provided by Town of Whitecourt- The Whitecourt & Area Family Support Program (FSP) provides support and counselling to families with youth 7-18 years of age. The services may be provided in-home and/or in the community, and will build upon informal supports and resources.

The services include, through a combination of direct and virtual means:

- Family and/or individual counselling;
- Family support;
- Skill development; and
- Case management and coordination of services.

Family Capacity and Connection

Provided by the Town of Whitecourt, Swan Hills FCSS, and the Town of Fox Creek - Caregiver Education and programs focusing on child development, asset building, parenting, and strengthening family bonds.

Home Visitation Program

Home Visitation services offer in-home mentorship, from a dedicated Home Visitor, starting as early as pregnancy and extending into the first six years of a child's life. Caregivers of children 0-6 look to us for guidance to help navigate the challenges of parenting and enhance caregiver capacity to stimulate and nurture their child's development.

Goals of Home Visitation are to:

- promote positive parent-child relationships
- grow parenting knowledge and skills
- foster healthy pregnancies and child development
- help families identify and access formal and informal support and service networks available
- assist in the identification and pursuit of family goals



Caption to go here

Our families are saying:

"Influx of knowledge/resources. Positive support with decisions. Offers constructive criticism and what option would produce the best results."



"Now I have support. Can talk about issues with someone without judgement. I feel less overwhelmed with support in place."



"I feel like I can communicate free of judgement, or fear. [My Worker] has been there for me when I've needed her the most...."



"This is an absolutely amazing program. New parents who are feeling overwhelmed will definitely benefit from it. Even seasoned parents who have given birth to a baby with health difficulties would benefit too."

Services are offered in Athabasca, Calling Lake, Lac La Biche, Smoky Lake, Vilna, Waskatenau, Thorhild, Westlock, Lac Ste. Anne County, Mayerthorpe, Whitecourt, Woodlands County, Swan Hills, Fort Assiniboine, Barrhead, and surrounding areas.



1,967

Hours of HOME VISITATION



213

LOOKSEE
DEVELOPMENTAL
SCREENS COMPLETED



98

ASQ SCREENS COMPLETED

189

FAMILIES SERVED



30

PICCOLO CHECKLISTS COMPLETED



2,079

REFERRALS
TO COMMUNITY
AGENCIES &
SERVICES

A Success Story

Amy* had a normal, healthy pregnancy, but when baby was born the Doctor informed her he was having seizures. Three months later, the baby was taken to the hospital and diagnosed with Alternating Hemiplegia of Childhood, a rare condition affecting approximately 1 in 1,000,000 children. The condition involves episodes of temporary paralysis, which can alternate from one side of the body to the other, uncontrollable muscle activity, muscle tensing, movement in the eyes, or shortness of breath. It also causes mild to severe cognitive problems. One of her first calls was to her HFHF Home Visitor and they cried together.

Amy says “My HFHF Home Visitor was with me on my path back to mental wellness; she checked in with me when I had to cancel a visit when my child was unwell, she encouraged me to take care of myself, checking in that I was eating, and constantly assured me that I was not alone. I am a young, single mom and was thrown into parenthood on steroids. Having HFHF Home Visitors walk alongside me has made all the difference in the world”.

**name has been changed to protect the participant's privacy*



FASD Mentorship Program

Athabasca, Calling Lake, Thorhild, Westlock, Barrhead, Swan Hills, Fort Assiniboine, Woodlands County, Lac Ste. Anne County & Whitecourt

FASD Mentors support individuals who have Fetal Alcohol Spectrum Disorder (FASD) by developing a relationship, providing advocacy, and helping with goal setting. Mentors assist individuals to build on existing life skills and support healthy decision making.

Each individual supported by our program is unique, and have areas of both strengths and challenges. Our program participants show great resilience even though they sometimes are faced with complex difficulties. The Mentors role is to support program participants to build and maintain healthy lifestyles, including enhancement of life and social skills, while strengthening community involvement, support and networks.

FASD Mentors utilize Prevention Conversation and FASD 101 training and conversations to reduce stigma and increase awareness in our rural communities.



For more information on FASD assessment/diagnosis or training contact the Northwest Central FASD Network

<http://nwcfasd.ca/>
Call or text
780.305.8757



Our participants say the best thing about our program is...

"Additional emotional support for obstacles related to disability (FASD)."

"Learned positive things about myself and learned about how I wasn't seeing some qualities as strengths."

"My worker helped me realize I had all the resources already and I am stronger because of that."

"My worker was always making sure I gave myself credit for what I did and this gave me self-confidence."

171

INDIVIDUALS SERVED

2,836

HOURS OF FASD SESSIONS COMPLETED WITH INDIVIDUALS

1.700

REFERRALS MADE TO COMMUNITY AGENCIES AND SERVICES

Parent Child Assistance Program (PCAP)

Athabasca, Calling Lake, Thorhild, Westlock, Barrhead, Swan Hills, Fort Assiniboine, Woodlands County, Lac Ste. Anne County & Whitecourt

Healthy Families Healthy Futures has been supporting women to reduce or stop alcohol and/or drug use during pregnancy since 2009. PCAP Mentors support healthy pregnancies and encourage healthy life choices for program participants and their children. The PCAP Mentors' role focuses on improving program participant; social and emotional wellbeing, connection to community resources and networks, positive community experiences, increased independence, increased parental capacity

(if they have children) and a reduction in isolation and stress levels.

PCAP Mentors utilize Prevention Conversation to increase awareness of FASD and encourage healthy pregnancies and babies. As communities become increasingly informed, with a growing awareness about the work of PCAP, an increased community-level awareness of FASD and reduced stigmatization of clients results.



Our participants are saying:

"Over time realized I that my worker was a great support which was a resource in itself. Very understanding/flexible, never pressures."



"Better sense of my own self. More independence. More responsible and in control of my own life."



"My worker was attentive to all my emotional needs, was very supportive and encouraging. [She] helped me understand what I could make as a goal and provided encouragement through the process."



"Got to experience a supportive unique worker. Received inspiration from services that it would get better."

~ PCAP Participant







Westlock Family Connections

Westlock Family Connections offers quality and meaningful child development, caregiver capacity and skill building programs for caregivers with children aged 0- 18. Opportunities are offered for caregivers to make meaningful social connections, participate in caregiver education, access child and youth

developmental screening and other local supports and resources. Our programs help caregivers understand and enhance their skills to support children and youth in their social, emotional, physical, and intellectual growth and development.

PARENT EDUCATION PROGRAMS

18

SESSIONS

Teen focused programming (both Parent Education for parents of teens and programs for teens)



12

LOVE AND LOGIC SESSIONS

(Early Childhood Parenting Made Fun and Parenting the Love and Logic Way)



15

TRIPLE P - POWER OF POSITIVE PARENTING PROGRAM SEMINARS & DISCUSSION GROUPS

(Teen Triple P for caregivers of children 12 - 18 yrs and Primary Triple P for caregivers of children up to 12 yrs)

Programs

- Emotion Coaching
- Kids Have Stress Too
- Emergency First Aid for parents and caregivers



33

ASQ-3 (AGES AND STAGES QUESTIONNAIRES COMPLETED)



30

ASQ:SE-2 (AGES AND STAGES SOCIAL EMOTIONAL QUESTIONNAIRES COMPLETED)



4

ONLINE PARENT EDUCATION PROGRAMS

held in partnership with the FRN spokes in our hub (Barrhead, Thorhild, Smoky Lake and Westlock) allowing us to bring in Guest Speakers for each program

Programs

- Kids Have Stress Too
- The 5 Love Languages
- Money Mentors - "Discovering the secrets of understanding money and understanding credit," for high school age teens
- Mental Health in Children and Teens

Thrive Outreach Program

Athabasca & Westlock

Thrive Outreach Mentors utilize a trauma-informed, relationship-based approach to support individuals impacted by family violence, domestic violence, and elder abuse. Mentors meet one-on-one with program participants to; evaluate personal safety and support safety planning, provide emotional, court, and referral support, provide opportunities to explore the cycle and types of abuse, and work with clients to identify and attain individualized goals for themselves and their families. Mentors also support individuals to understand the impacts of family and domestic violence on children

Thrive Outreach Mentors work in the community to increase awareness and decrease the stigma associated with family violence, relationship, and elder abuse. Mentors actively work within schools and youth serving organizations to promote healthy relationships.

295 REFERRALS MADE

137 INDIVIDUALS SERVED

759 TOTAL SESSION HOURS



Our participants are saying:

"I am more confident, more open and able to interact better with others."



"Getting into this program has really changed my life. I am in a much better place and I am getting better and better. I would recommend this program to others."



"Thrive changed my life. I finally felt like things made some sense for the first time in my life. If there was ever someone not sure if they were in an abusive situation I would recommend Thrive to them."

Elder Abuse

Athabasca, Westlock & Barrhead

Healthy Families was fortunate to receive Funding for a part time Elder Abuse Navigator to cover the areas of Athabasca, Westlock, and Barrhead. The current funding for this position spans September 2021- July 2022.

Elder abuse is any action, or inaction, that jeopardizes the health and/or well-being of any older adult. Types of abuse include: physical, financial, psychological/emotional, sexual, spiritual, medical, medication and/ or neglect. Elder Abuse involves the older adult's experience of betrayal or breach of trust within an intimate, trusted relationship.

Some older adults face abuse or neglect by others and need trained individuals to advocate on their behalf. Healthy Families Healthy Futures Elder Abuse Navigator position provides confidential, one-to-one support for seniors affected by elder abuse including screening for abuse of older adults and safety planning.

When an older adult is referred for services, the Elder Abuse Navigator will initiate contact with the senior seeking assistance. Her/his participation is voluntary. The Navigator will work with the older adult to:

- Define their pace, priorities, and first steps
- Increase awareness of signs and types of elder abuse
- Increase their feelings of safety and security
- Provide a safe opportunity to share their experiences
- Connect to services and resources
- Explore safety options
- Create self-determined goals
- Promote opportunities for social and/or cultural connections
- Support better health and wellbeing

.....

"One person caring about another represents life's greatest value."

~ Jim Rohn

.....



Athabasca Prevention of Relationship Abuse Action Committee (PRAAC)

The Athabasca Prevention of Relationship Abuse Action Committee (PRAAC) is a community collaboration strategically addressing relationship abuse issues. PRAAC has worked in partnership with

Healthy Families Healthy Futures in Athabasca since 2009. The members of PRAAC have successfully organized and implemented many successful fundraising and awareness events that have helped bring the issues with family violence, and the voices of the survivors of family violence, to the forefront in the small community of Athabasca.

PRAAC Recognized Donors

Paddymelon Espresso & Eatery
Cecil Lewis
Winnifred Rowe
Marion Kadikoff
TC Energy
Julian & Lucy Strzepek
Kelly Lynn Spafford



Tamara Yurchak

After over a decade of volunteering immeasurable time, effort and passion to our group, Tamara will be moving on from PRAAC.

It is hard to come up with the words to describe how much her dedication and hard work has meant to our team. Her tireless commitment is unparalleled and one that will be greatly missed. Tamara has lead our team through the great achievement of raising over a hundred thousand dollars to support our local Thrive Outreach position. She has been instrumental in creating PRAAC's presence in our community and has ensured that Athabasca has continued to take a stand against relationship abuse. Although she will no longer formally be with our team, we know that she will continue to support and advocate for a world free from family violence.

Please join us in thanking Tamara for all she has done for PRAAC and the community of Athabasca over these years.



WALK A MILE IN HER SHOES®

Once again, the community of Athabasca supported the fundraising efforts of PRAAC's annual Walk a Mile in Her Shoes® event. \$22,363 was raised directly impacting the continuation of Thrive services in the community.

Thank you to everyone who donated to PRAAC and Thrive through our Walk a Mile Event or direct donations.

Visit www.athabascapraac.ca

STILETTO Sponsors

REALTORS of Royal LePage County Realty, Athabasca	\$5000
Athabasca University	\$5000
Servus Credit Union	\$1475
ALPAC	\$1000
Lolly Pop Thrift Shop	\$500
Town of Athabasca	\$500

In Memory

It is with a very heavy heart that we have to say goodbye to one of our founding committee members, **Kelly Johnston**. Taken from us way too early in his life, his legacy will forever be remembered. Kelly was one of the caring community members, who in 2008 helped form PRAAC. His dedication to making sure relationship abuse programming was locally available in our community was relentless. I can still hear Kelly's words during our meetings about his commitment to the program as he wanted to break to circle of violence. In 2013, Kelly was recognized by the Alberta Government winning an Inspiration Award for his work in our community fighting against relationship abuse. Shortly after, Kelly's health caused him to step away from the active work of PRAAC, but the framework he helped establish, continues on to this day. May you rest in peace, Kelly. Memory eternal!



We are saddened to report the loss of a dedicated Healthy Families Healthy Futures founding member, **Alan Taylor**. Alan was instrumental in the development of our organization – from sitting on the original steering committee, to chairing our Board of Directors for many years, always with a vision of communities working together for children and families. He exemplified the spirit of relationship-based service, promoting HFHF to develop trusting relationships in our communities, with our funders, fellow service providers, board members, staff and clients. The community benefited from his wisdom, generosity, and experience. His impact will not be forgotten.



Community Action for Health Relationships (CAHR) Network

In 2011, a regional collaborative comprised of community members from Athabasca, Barrhead and Westlock came together to form the Community Action for Healthy Relationships (CAHR) Network to address the issue of family violence.

The Network's vision is "Our Rural Communities Free of Relationship Abuse". CAHR staff, partners, contractors, and volunteers have worked diligently to address gaps in services in our communities to help people deal with family violence.

CAHR's commitment to taking action against family violence and relationship abuse has reached thousands of people and have set the standard for creating safe and inclusive communities.

A Social Return on Investment was completed (2019) clearly indicating the positive influence our programs have in the lives of those impacted by relationship abuse. Knowing that each \$1 has a social value of \$12 demonstrates the work is relevant and a good investment in the individuals, families, and communities we serve. Our hope is to continue to break down barriers, increase individual, family, and community safety, and provide opportunities to generate awareness and prevention in our rural communities.

Healthy Families Healthy Futures is proud to be involved in **Impact** by Sagesse. This initiative brings together a network of service providers to address shared issues, enhance services and supports

“

"CAHR's commitment to taking action against family violence and relationship abuse has reached thousands..."

”

across Alberta and identify opportunities for large scale change. This work will build the capacity of service providers across the province and enable Albertans affected by domestic and sexual violence to have access to high quality supports in their communities.





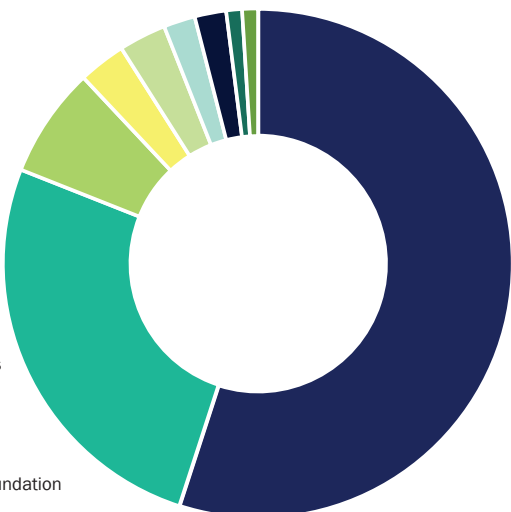
Financial Summary (APRIL 1, 2021 - MARCH 31, 2022)

INCOME	2021-2022	2020-2021
Alberta Children's Services	\$804,684	\$727,718
NWC FASD Network	\$384,306	\$276,230
Public Health Agency of Canada	\$107,232	\$54,554
Community Initiatives Program	\$47,845	\$ -
Alberta Health Services	\$35,391	\$35,391
Elder Abuse Awareness Council	\$30,150	\$ -
FCSSAA Grant	\$ 1,093	\$33,227
Canadian Women's Foundation Grant	\$ 8,031	\$16,969
Community Foundations of Canada Grant	\$ -	\$15,690
Donations & Fundraising	\$4,617	\$15,895
Interest, Memberships & Other Grants	\$38,868	\$59,734
Subtotal	\$1,463,027	\$1,235,408
EXPENDITURES		
Staffing	\$1,145,142	\$976,541
Client Services	\$198,954	\$111,600
Administration	\$46,893	\$54,164
Facility Costs	\$49,404	\$53,845
Fundraising Costs	\$521	\$2,251
Subtotal	\$1,440,914	\$1,198,401
<i>Surplus</i>	<i>\$22,113</i>	<i>\$37,007</i>

A copy of the audited financial report is available on our website at www.hfalberta.com

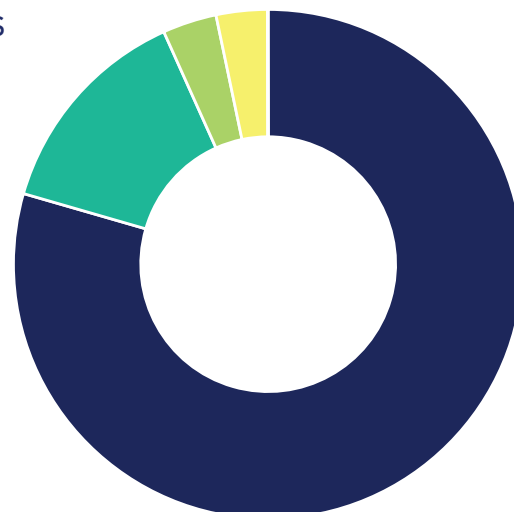
INCOME

- ▶ Alberta Human Services (55%)
- ▶ NWC FASD Network (26%)
- ▶ Public Health Agency of Canada (7%)
- ▶ Community Initiatives Program (3%)
- ▶ Interest, Memberships & Other Grants (3%)
- ▶ Alberta Health Services Grant (2%)
- ▶ Elder Abuse Awareness Grant (2%)
- ▶ Canadian Women's Foundation Grant (1%)
- ▶ Fundraising (<1%)



EXPENDITURES

- ▶ Staffing (79%)
- ▶ Client Services (14%)
- ▶ Facility (4%)
- ▶ Administration (3%)
- ▶ Fundraising (<1%)



Funders and Donors

We are very grateful for all our donors: each individual, business, foundation, and government agency that supports us in whatever way possible. Our sincere gratitude is extended to the following donors for their generosity and commitment in helping to build Healthy Families Healthy Futures' capacity to serve the rural communities we work in. Your donations and support further the effectiveness of our various programs and allow us to continue investing in the future of the people we serve. Thank you for sharing our vision of a connected community.

Our appreciation also goes to all the fantastic volunteers that help us each year by taking the time and energy to ensure programs and events run smoothly. We couldn't do it without you!

★ **Funders**

Alberta Human Services
Alberta Health Services, Mental Health & Addiction
Athabasca Prevention of Relationship Abuse Action Committee (PRAAC)
Community Initiatives Program
Government of Alberta
Northwest Central FASD Network
Public Health Agency of Canada
Westlock County

★ **In-Kind Partners**

Associate Medical Clinic
Athabasca County

DONATE NOW: <https://www.canadahelps.org/en/dn/24088>

Athabasca Native Friendship Centre
Lane, Shirley
Lee, Alice
Mead Johnson Nutrition
Newbrook Library
Pembina Medical Clinic
Pembina Valley Church of God
Russell, Liza
Westlock & District FCSS
Zilinski, Nancy

★ **Community Supporters**

\$3,000-\$8,000

100 Women Who Care Westlock

\$1,000-\$2,999

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Westlock County

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Armstrong, Robin - BMO Financial Group
Borgen, Jenifer
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Hefferan, Pat
Kelly Lynn Spafford

because of you...



Main Office

#204, 10619 - 100 Ave.

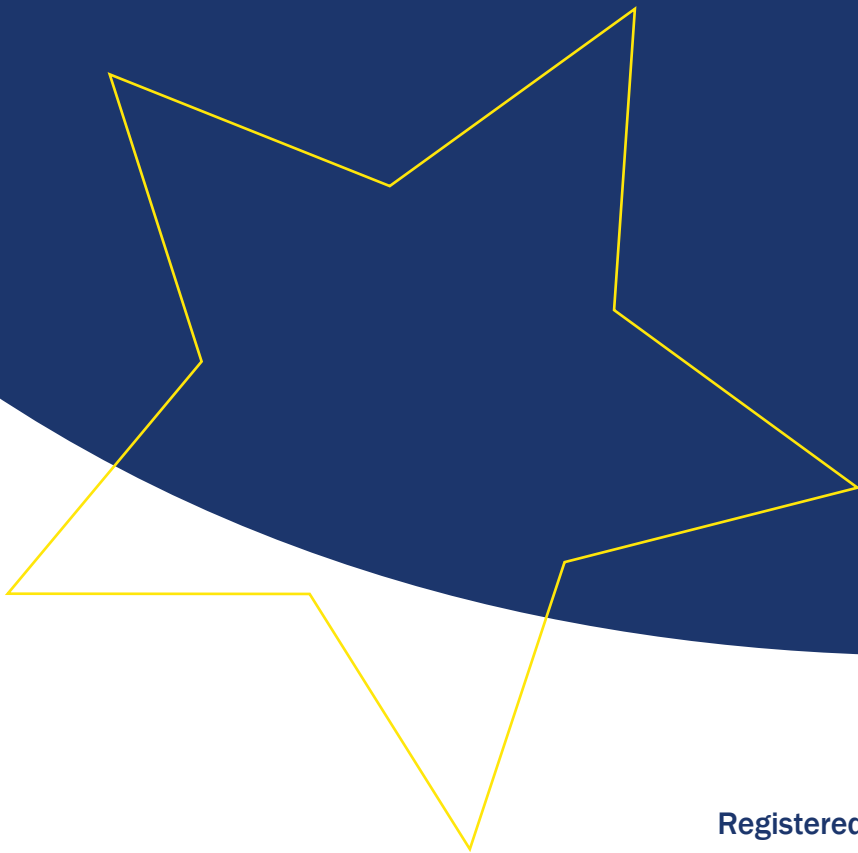
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